

Monday, September 6 Labor Day

Club Hours

7:00AM – 7:30PM

Kids' Club Hours
9:00AM – 12:00PM

Modified Class Schedule

9:00am – 10:00am . . . Powersculpt . . . Myk . . . Aerobics Studio
9:00am – 10:00am . . . Liquid Fit . . . Bobbi . . . Outdoor Pool
9:30am – 10:45am . . . Vinyasa Yoga (I-III) . . . Caity . . . MB Studio
10:15am-11:15am . . . BODYPUMP® . . . Candice . . . Aerobics Studio
10:15am – 11:15am . . . Spinning® . . . Lisa . . . Spinning Studio
11:00am – 12:00pm . . . Pilates Mat . . . Jodilyn . . . MB Studio

