

Cherry Creek Athletic Club

Outdoor Pool Schedule

Subject to change

Monday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00
Lane 6	Lap Swim													
Lane 5	6:15-7:45												6:00-7:00	
Lane 4	Swim for												Swim for	
Lane 3	Fitness												Fitness	
Lane 2	Lap Swim													
Lane 1	Lap Swim													

Tuesday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00
Lane 6	Lap Swim													
Lane 5			8:00-9:00					12:00-1:00						
Lane 4			Swim for					Swim for						
Lane 3			Fitness					Fitness						
Lane 2	Lap Swim													
Lane 1	Lap Swim													

Wednesday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00
Lane 6	Lap Swim													
Lane 5	6:15-7:45												6:00-7:00	
Lane 4	Swim for												Swim for	
Lane 3	Fitness												Fitness	
Lane 2	Lap Swim													
Lane 1	Lap Swim													

Thursday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00
Lane 6	Lap Swim													
Lane 5			8:00-9:00					12:00-1:00						
Lane 4			Swim for					Swim for						
Lane 3			Fitness					Fitness						
Lane 2	Lap Swim													
Lane 1	Lap Swim													

Friday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00
Lane 6	Lap Swim													
Lane 5	6:15-7:45													
Lane 4	Swim for													
Lane 3	Fitness													
Lane 2	Lap Swim													
Lane 1	Lap Swim													

Sat	6:00	9:00	10:00	11:00	12:00 - 7:00
Lane 6	Lap Swim				
Lane 5	Lap Swim				
Lane 4	Lap Swim				
Lane 3	Lap Swim				
Lane 2	Lap Swim				
Lane 1	Lap Swim				

Sun	7:00	9:00	10:00	11:00	12:00 - 7:00
Lane 6	Lap Swim				
Lane 5	Lap Swim				
Lane 4	Lap Swim				
Lane 3	Lap Swim				
Lane 2	Lap Swim				
Lane 1	Lap Swim				

Lap Swim

PLEASE NOTE: In the event of inclement weather, the pool will be closed. Please check the website for updates. | indoors affecting lane availability.



Cherry Creek Athletic Club

Indoor Pool Schedule

Monday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	10:00
Lane 5				9:00 - 10:00											
Lane 4				Liquid Fit											
Lane 3				Cathy H											
Lane 2															
Lane 1															

Tuesday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	10:00
Lane 5				9:00 10:00				1:15 - 2:15							
Lane 4				Aqua Bamba				Liquid Fit							
Lane 3				Christina				Iman							
Lane 2															
Lane 1															

Wednesday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	10:00
Lane 5				9:00 - 10:00											
Lane 4				Aqua Kickbox											
Lane 3				Cathy W											
Lane 2															
Lane 1															

Thursday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	10:00
Lane 5								1:15 - 2:15					6:15 - 7:15		
Lane 4								Liquid Fit					Liquid Fit		
Lane 3								Terri					Cathy H		
Lane 2															
Lane 1															

Friday	6:00	7:00	8:00	9:00	10:00	11:00	12:00	1:00	2:00	3:00	4:00	5:00	6:00	7:00	9:00
Lane 5				9:00 - 10:00											
Lane 4				Liquid Fit											
Lane 3				Bobbi											
Lane 2															
Lane 1															

Sat	6:00	10:00	12:00	1:00	2:00-7:00
Lane 5				1:00 - 2:00	
Lane 4				Liquid Fit	
Lane 3				Molly	
Lane 2					
Lane 1					

Sun	7:00	9:00	10:00	12:00	1:00 - 7:00
Lane 5		9:00 - 10:00			4:30 - 6:30
Lane 4		Liquid Fit			Group Swim
Lane 3		Cathy H			Lessons
Lane 2					
Lane 1					

Lap Swim

Child Swim

2 Lanes for 8 or less participants in Group Ex Classes
 3 Lanes for 9 or more participants in Group Ex Classes
 PLEASE NOTE: In the event of inclement weather Swim for Fitness may be moved indoors affecting lane availability.

